

WHAT ARE STUDY SKILLS?

LEARNING GOALS:

- preview course materials and progression.
- state a simple definition of learning.
- recognize the broad application of study skills to all aspects of learning.
- describe the benefits of good study skills.

Q. What does it take to be a winning athlete?

A. Persistence, attention, dedication, focus, practice, study... Winning athletes have many of the same traits of that good students have. Good study skills make you a faster, more efficient, and more effective student.

Study skills are practices, strategies and techniques for all aspects of learning:

- test-taking
- studying for a test or quiz
- doing homework
- in class listening to your teacher
- reading
- speaking/participating in class
- any learning activity

What is learning?

- Learning is the **acquisition** of knowledge
- Learning is the **retention** of knowledge
- Learning is the **ability to demonstrate** knowledge

Let's Summarize!

1. Learning is the acquisition of _____, which can occur in many ways.
2. Some knowledge is intended to be short-term, but most of what students learn is intended to be remembered for a long period of time. If you forget what you learned soon after you studied it, you did not learn _____. Learning includes the _____ of knowledge, which is the ability to _____ what you learned.
3. Good study skills make students _____, more _____, effective and _____ learners.
4. Study skills are not limited to _____ for tests and quizzes; They are skills, practices, and strategies for all _____ of learning.
5. Learning is measurable. As part of the learning process, students must be able to successfully _____ their knowledge in a variety of assessment (measurement) formats.